# PEEK AT OUR WEEK

MISS MCNERNEY'S FIRST GRADE NEWSLETTER, ISSUE 23

"You have brains in your head. You have feet in your shoes. You can steer yourself in any direction you choose. You're on your own, and you know what you know. And you are the guy who'll decide where to go."

-Dr. Seuss

# Upcoming Events

March 5th

Soup Kitchen item due!

# March 10th

Field Trip to the International District

### March 13th

No School: Staff Professional Development Day

## March 20th

-Noon Dismissal: Faculty Retreat

#### April 3rd

1A Prayer Service at 8:30am

# Reminders

\* During Lent, HRS students traditionally bring in a bagged lunch and/or item for the St. Martin De Porres Shelter. The lunches can be kept cold, so perishable food is fine. Below is our schedule for the next few weeks, if you are able to contribute!

-March 6th: bring in a bagged lunch and an item (last names starting with A-M: men' gloves, last names starting with N-Z: men's socks)

-March 27th: bring in a bagged lunch (no item)



March 2,

Thank you for your participation in our Parade of Presidents!
The children really enjoyed this event and learned so very much! Projects (along with a presidential photo) will be on display in our hallway. We will be continuing our learning about the US this week!

Some curriculum news for the week:

### Religion

We will be focusing on Lent this week, this study will continue through the next several weeks. As a class, we will work on preparing our hearts for the coming of Jesus at Easter by setting a goal to each do one act of kindness every day. We will journal about our acts of kindness weekly, as well as discussing opportunities for service and kindness to others as a class.

# Language Arts

Our spelling words this week are <u>sail</u>, <u>mail</u>, <u>rain</u>, <u>grain</u>, <u>pain</u>, <u>may</u>, <u>play</u>, <u>way</u>, <u>day</u>, <u>and stay</u> ("ai" says a in the middle position of a word, while "ay" says a at the ending position of the word). Our challenge word is <u>United States!</u> Our dictation sentence is "They can hit the ball."

## Second Step

We are continuing our learning on feelings, beginning to focus on strong feelings and how we can manage them. Some strategies include naming the strong feeling you are feeling, belly breathing (pushing your belly out when you breath in) to calm a strong feeling, and using positive self-talk. We will practice these strategies and role play scenarios in which we might need to use these strategies.

# A PEEK INSTDE OUR CLASS!



week was Skyler! We learned that his favorite holiday is Halloween and his favorite restaurant is Red Robin. Skyler loves tigers, the color red, and playing football with his brothers. He wants to be an archaeologist when he grows up. Skyler is very grateful for his family, food & water, and his friends. He is thoughtful, helpful, and funny! We are so blessed to have Skyler as a part of our 1A family!







Every month, both 1A and 1B write approximately 350 notes to put in bagged lunches for those in need. Students were very creative with our













# First Grade Presidents















































